



Job Description

Job Title:	Physiotherapy Assistant Technician
Department:	Health
Reports to:	Area Manager (<i>Administrative</i>) Health Lead (<i>Technical</i>)
Location:	RCPD – Kotli, AJK
Contract Type:	Annual
Salary Range:	PKR 25,000 – 30,000
Purpose	To support the delivery of physiotherapy and rehabilitation services at the Rehabilitation Centre for Persons with Disabilities (RCPD) Kotli. The Physiotherapy Assistant will assist in implementing treatment plans, facilitating rehabilitation exercises, and ensuring effective patient support under the supervision of the Physiotherapist and Health Lead.
Main Responsibilities	<ol style="list-style-type: none"> 1. Assist the Physiotherapist in conducting physiotherapy sessions and implementing treatment plans for patients. 2. Support patients during therapeutic exercises, mobility training, and rehabilitation activities. 3. Prepare and maintain physiotherapy equipment and treatment areas before and after sessions. 4. Guide patients and caregivers on basic home-based exercises as advised by the Physiotherapist. 5. Maintain patient attendance records and assist in updating treatment documentation. 6. Support rehabilitation services for persons with disabilities including physical therapy and functional mobility training. 7. Ensure proper handling, cleanliness, and maintenance of physiotherapy equipment. 8. Assist in organizing community outreach activities, rehabilitation camps, and awareness sessions. 9. Coordinate with the rehabilitation team to ensure smooth delivery of services. 10. Follow organizational policies, MH-MSDS (Health), safeguarding standards, and professional ethics.
Required Qualification, Experience and Skills:	<p>Qualification:</p> <ol style="list-style-type: none"> 1. Doctor of Physical Therapy (DPT), or 2. 2-year Diploma in Physical Therapy from a recognized institute. <p>Experience:</p> <ol style="list-style-type: none"> 1. 2–3 years of relevant experience in physiotherapy or rehabilitation services preferred. <p>Skills and Competencies:</p> <ol style="list-style-type: none"> 2. Professional knowledge of physiotherapy techniques and rehabilitation practices. 3. Ability to assist patients with therapeutic exercises and mobility training. 4. Good communication and interpersonal skills. 5. Compassion and ability to work with persons with disabilities and vulnerable populations. 6. Basic record-keeping and reporting skills. 7. Ability to work effectively within a team environment.